Alberni Valley United Church Dec 13, 2020



"Only in darkness can you see the stars."
- Martin Luther King Jr.

<u>Upcoming Zoom Meetings & Gatherings:</u>

| Dec 13 | Inter-Spiritual Meditation | 7:00 pm |
|--------|----------------------------|----------|
| Dec 15 | Gentle Yoga | 10:00 am |
| | Chair Yoga | 11:30 am |
| | Prayer Circle | 1:00 pm |
| Dec 17 | Bible Conversations | 1:30 pm |

^{*}Please note our social distancing protocol during our Live Sunday Services is 2 meters and 3 meters for our singers (who are from the same households).

Sunday Service: 10:30 am. Please visit our fb page: www.facebook.com/albernivalleyuc or go to our YouTube channel to view: https://www.youtube.com/channel/UC12y0skGCzhEGD62iGvVf0A

Inter-spiritual Contemplative Meditation Practice: Sundays 7:00 - 8:00 pm Zoom Meeting ID: 876 6129 9792 Passcode: 2882

POSTPONED: Monday Nature Walk hosted by Happy Hippie Hikers @ 10:30 am For more information contact Joanne La Plante Email: joanne2laplante@gmail.com

Tuesday Prayer Chapel with Elain Julian Email: <u>avucrev@shaw.ca</u> for zoom link.

Gentle Yoga with Mary: Tuesdays @ 10:00 am. Join Zoom Meeting https://us02web.zoom.us/j/88559368151 Meeting ID: 885 5936 8151

Chair Yoga with Mary: Tuesdays at 11:30 am. Join Zoom Meeting https://us02web.zoom.us/j/86239608615 Meeting ID: 862 3960 8615

Prayer Circle: Tuesdays @ 1:00 pm.

Join URL: https://us02web.zoom.us/j/2507351649 Password: 2882

Wednesday Communion: Wednesdays @ 12:00 – 12:30 pm, Tune in via Livestream.

Bible Conversation: Thursdays at 1:30 pm, Zoom ID: 250 735 1649

Passcode: ABBA

Watercolour Meditations: Nov 24 \$20 donation includes watercolour kit, \$10 donation without.

Advent White Gift Sunday: This year our recipient will be The Backpack Program. Please bring canned protein and or granola bars.

Gift Giving Opportunities: Seasonal Study of Gnomes \$30 donation, Zen Doodling \$40 donation (includes instructional time), Personalized Family Paint Nights (subject to details).

Prayer Requests: Do you have a prayer request for Rev. Minnie? Please let your *Pastoral Care Cluster Leader* know or email it to: <u>prayeravuc@gmail.com</u>.

Like and follow us on Facebook; hit **like** under the main header image. www.facebook.com/courageouscommunitycenter and www.facebook.com/albernivalleyuc

Bread of Life needs: canned/non-perishable food, toilet paper, brown sugar, coffee, oatmeal, margarine, salt & pepper, ground meat, vanilla, spoons, bleach, cash donations and volunteers.

Plus, calorie dense food such as boost, protein/granola bars, tuna and cracker packages, peanut butter packets.

Minister: Rev. Minnie Hornidge, Choir Director: Linda Cannon Church Accompanist: Ellen Vander Putten; Tech Team Leader: Dewayne Parfitt

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Gathering Online

Welcome:

Acknowledgment of Territory:

Crossing the Threshold:

Prayer:

We Listen for the Word of God

Opening Hymn: O Come, O Come Emmanuel VU 1

Sharing the Peace of Christ:

Children's Time to Shine: This Little Light of Mine VS 3

Advent Body Prayer: JOY

The Witness of Scripture: Philippians 4:4-7

The Witness of Music:

We Respond

Hymn: There Was A Child In Galilee MV 134

Scripture: Gospel Luke 1:1-4, 26-56 (CEB)

Sermon: Three Gifts

Hymn: Dream a Dream MV 158

We Go Forth

Prayers of the People:

Sharing our Gifts:

Blessing the White Gifts:

Doxology:

Carol of Resistance: Joyful, Joyful, We Adore You VU 232

Benediction:

Postlude: Handbell Choir Recording